

# Parent Consent Letter

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From: \_\_\_\_\_

[Insert name of installation, school, camp, facility]

Subject: Child and Youth Behavioral Military and Family Life Counselor

1. This letter is to inform you about Military and Family Life Counseling Program services. Due to the unique challenges faced by military families, the Department of Defense is offering this private and confidential non-medical counseling service to military service members and their families, including children, through child and youth programs, Department of Defense Education Activity schools, local education agencies, DoDEA and CYP summer programs, National Military Family Association Operation Purple Camps, Guard and reserve camps, and Operation Military Kids camps.
2. Child and youth behavioral military and family life counselors, or CYB-MFLCs, may provide support in Military and Family Support Centers, schools, summer programs and camps. They work with military children and their families in the following ways:
  - Observe, participate and engage in activities
  - Interact directly with military children
  - Model behavioral techniques and provide feedback
  - Suggest courses of age-appropriate behavioral interventions to enhance coping and behavioral skills
  - Reach out to military parents when convenient, such as when they drop off or pick up their children or at family events
  - Be available for military parents to contact for guidance and support
  - Facilitate psychoeducational groups
  - Conduct training for staff and parents
  - Recommend referrals to military family programs and other resources as needed
3. Counselors may assist military parents and children with the following types of issues:
  - Communication
  - Self-esteem and self-confidence
  - Conflict resolution
  - Behavioral management techniques
  - Bullying
  - Anger management
  - Sibling and parental relationships
  - Deployment and reintegration issues

4. Counselors may also work with military children on field trips and during camp or school-sponsored activities.
5. Counselors are available to accommodate appointments, meetings and activities after hours and on weekends with advance notice.
6. At no time will a counselor meet individually with a child without being in line of sight of a program employee or a parent or guardian.
7. Counselors may use only OSD-approved materials for trainings, groups and other activities.
- 8. With the exception of mandatory state, federal and military reporting requirements (for example, domestic violence, child abuse and duty-to-warn situations), as well as oversight review by the Department of Defense of the service you received should an adverse or harmful event occur, MFLC Program support is private and confidential to encourage the greatest level of participation.**

Print name of child: \_\_\_\_\_

Check only one box below:

**I understand the above CYB-MFLC Program description and authorize my child to participate in CYB-MFLC services. This authorization is valid for the duration of my child's enrollment. I understand I can revoke this authorization at any time in writing.**

**I do not authorize my child to participate in CYB-MFLC services.**

\_\_\_\_\_  
Parent or guardian signature

\_\_\_\_\_  
Date