



Military Community & Family Policy

ABCs of CYBs Child and Youth Behavioral Military and Family Life Counselors (CYB-MFLC)

Non-medical Counseling Program Office





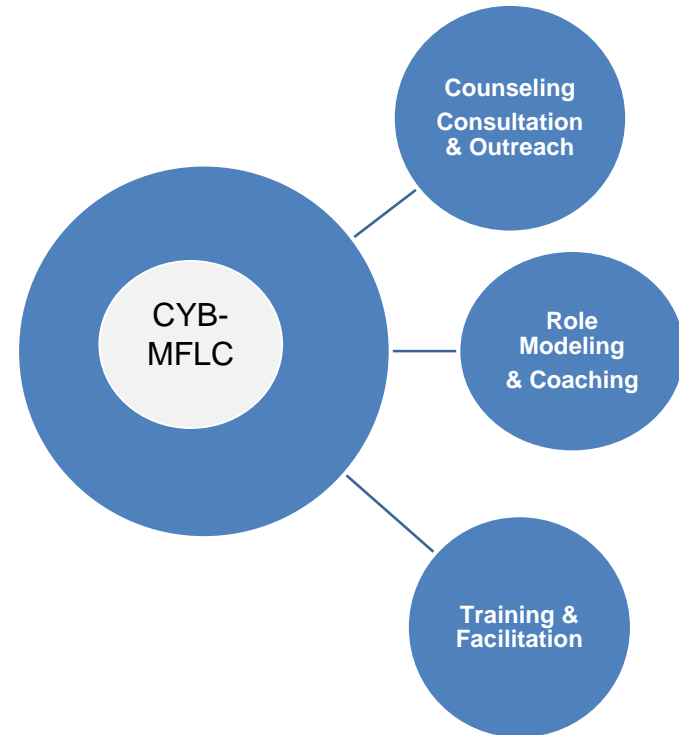
ABCs of CYBs

- Objectives
 - A. CYB-MFLC Purpose
 - B. CYB-MFLC Scope of Responsibility
 - C. Communicate Keys to Successful Service Delivery



CYB-MFLC Purpose

- CYB-MFLCs support and augment installation Child and Youth Programs (CYP), Department of Defense Education Activity (DoDEA) Schools, Local Education Agency (LEA) schools, and camps to provide private and confidential non-medical counseling service to service members, families, children and staff of CYPs through non-medical counseling support to children and youth up to age 18 in groups or individually.
- CYB-MFLCs provide support on topics including, but not limited to:



IDENTIFYING FEELINGS	BULLYING	CONFLICT RESOLUTION	SELF ESTEEM	MANAGING ANGER & AGGRESSION	SEPARATION FROM PARENT(S)
PROBLEM SOLVING	COPING WITH DEPLOYMENT AND REUNIFICATION	TRANSITION AND MOVING	SIBLING/PARENTAL RELATIONSHIPS	TIME MANAGEMENT	DIVORCE



CYB-MFLC Purpose

- Non-medical counseling is short term non-therapeutic counseling that is not appropriate for individuals needing clinical therapy
- CYB-MFLCs refer issues of a medical nature requiring a medical diagnosis (depression, bipolar disorder, anxiety disorder) to a military treatment facility
- CYB-MFLC services augment, not replace, other DoD support services/programs





CYB-MFLC Purpose

- CYB-MFLCs are in the environment to augment services provided by others
 - **By providing “walk-around” coaching, support and counseling to military children, youth, families and staff**
 - Includes role modeling effective strategies and interactions for challenging behaviors



CYB-MFLC Scope of Responsibility – In Scope

In Scope

Observe, participate, and engage in activities with children/youth

Provide direct interventions with children

Model behavioral management techniques and provide feedback to staff

Be available to staff to discuss interactions and other concerns

Outreach to parents – be visible, present, available and establish rapport and trust with parents to make them feel comfortable to seek support

Facilitate psycho-educational groups

Conduct trainings for staff and parents using OSD approved briefings

CYB-MFLC Scope of Responsibility – In Scope



In Scope

Consulting with providers, parents, and children regarding disruptive class behaviors

Supporting students exhibiting challenging classroom behavior who are referred

Conducting presentations for teachers and parents in small and large groups on topics such as teaching children problem solving skills, compassion, and anger management

Supporting teachers in managing their stress levels (for issues related to working environment only)

Observing children and providing concrete support to staff to address and redirect challenging behaviors



CYB-MFLC Scope of Responsibility – Out of Scope

Out of Scope

CYB-MFLC will not meet individually with a child without being in line of sight with a staff member or parent

CYB-MFLCs will not be counted in the child/staff ratio

CYB-MFLCs shall not be members of inspection teams

CYB-MFLCs MAY NOT provide therapy services or formal critical incident/stress debriefings, but may assist with grief and loss support

CYB-MFLC is not authorized to speak to the media/press without specific approval from the ODASD (MC&FP)

CYB-MFLC may not transport any child or family member in any vehicle



CYB-MFLC Scope of Responsibility – Out of Scope

Out of Scope

CYB-MFLCs may not meet with children / families in individual's home residence

CYB-MFLCs shall not engage in political discussions concerning military policy

CYB-MFLCs shall not engage in self-promotion that may be perceived as promoting an outside business interest

CYB-MFLCs may not participate in the process to develop treatment plans for special needs families and may not be a dedicated resource for the formal treatment plan. However, if special needs families have non-medical counseling needs CYB-MFLCs may provide support

CYB-MFLCs should not initiate conversations with parents regarding their child's challenging behaviors



CYB-MFLC Service Delivery Stakeholder's Roles

Stakeholder	Role
<ul style="list-style-type: none">• CYB-MFLC	<ul style="list-style-type: none">• Provides non-medical counseling support to children and youth up to age 18 in groups or individually• Notifies the contractor supervisor about duty to warn situations as soon as possible• Follows reporting procedures for domestic abuse, child abuse/neglect potential harm to self and others, or other duty to warn situations• Works flexible 40 hours per week to meet the needs of the organization and families, (may include evenings and weekends) for training, field trips, meeting with families, and general outreach• Completes activity forms




CYB-MFLC Service Delivery Stakeholder's Roles

Stakeholder	Role
<ul style="list-style-type: none">• Contractor Regional Supervisors	<ul style="list-style-type: none">• Provide initial orientation and ongoing training of CYB- MFLCs• Ensure that CYB-MFLCs have an established work schedule and perform required hours• Provide regular administrative and clinical supervision to CYB-MFLCs• Consult with CYB MFLCs regarding Duty to Warn and Mandated Reporter situations• Collaborate with Installation POCs to address issues/concerns



CYB-MFLC Service Delivery Stakeholder's Roles

Stakeholder	Role
<ul style="list-style-type: none">• Installation POC and Designees 	<ul style="list-style-type: none">• Requests CYB-MFLC Support• Remains current with CYB-MFLC policies, guidelines and resources• Reports any issues with compliance about the afore mentioned and performance issues• Reports and issues with compliance with duty-to-warn protocol• Communicates to families and staff the role of the CYB-MFLC• Ensures and maintains parental notification & consent for CYB-MFLC services• Coordinates CYB-MFLC access onto military installations• Maintains contact and coordinates with the regional and service headquarters POC, contractor representative, DODEA representative and ODASD (MC&FP) (as appropriate) to address issues that cannot be resolved locally



CYB-MFLC Service Delivery Stakeholder's Roles

Stakeholder	Role
<ul style="list-style-type: none">Installation POC and Designees 	<ul style="list-style-type: none">Serves as the liaison for all community contact and coordination for the CYB-MFLCDesignees and or Principal at the CYB-MFLC schools ensures that a variety of logistical and communications activities are in place for the CYB-MFLC as well as communication and coordination on work scheduleTrains on local procedures and protocolsDesignees and or Principals Facilitate line of site as required to enable CYB-MFLC to meet with children, family members for counseling support situations <p>Fort Riley Points Of Contact:</p> <p>Sandy Johnson and Michelle McLaughlin</p> <p>sandra.e.johnson1.naf@mail.mil (785) 240-3261</p> <p>michelle.r.mclaughlin2.civ@army.mil (785) 239-9435</p>



Keys to Success



- **Knowledge**
 - **Understand roles, guidance, and policies**



- **Relationship**
 - **Collaboration and trust**



- **Communication**
 - **Provide guidance and expectations within scope**



- **Value**
 - **A part of the team making a difference**